

You +



December 2018

At ConocoPhillips, we're committed to making your transition from student life to a ConocoPhillips employee or intern as seamless and enjoyable as possible. That's why we're bringing you a monthly overview of company news and information to help you prepare. It's not just you – it's You +.

You + ConocoPhillips

- + Need a roommate? You can place your name and contact information on our website to connect with other roommate-seeking interns and university new hires in their respective locations. To view our current listings, click on these links: [Interns](#) and [New Hires](#).
- + You can help ensure all information and documents needed for your first day of work are delivered to you in a timely manner by keeping your contact information up to date on your [careers.conocophillips.com](#) profile.
- + Visit our [Intern](#) or [New Hire](#) resource centers for information and answers to frequently asked questions. You can also contact Jennifer Adams (jennifer.p.adams@conocophillips.com), your corporate new hire and intern program coordinator.

SPIRIT Values Spotlight

Our SPIRIT Values set the tone for how we behave with all our stakeholders, internally and externally. They are a source of pride and unify our organization. These values are recognized throughout the industry and distinguish us from our competitors.



Safety

No task is so important that we can't take the time to do it safely. A safe company is a successful company.

Protecting Worker Health – the “H” in HSE

Dirk Faveere, VP of Health Safety and Environment states, “We are committed to eliminating all occupational illnesses from our activities. Industrial hygiene is critical to ensuring the wellbeing of our workforce.” ConocoPhillips employs rigorous scientific methods and risk assessment tools to evaluate and control hazards in the workplace. Assessment Plans are developed in each business unit to identify health hazards related to all jobs, operations, machinery and work activities at a site. [Read](#) more about our commitment to safety, and learn about our [Life Saving Rules](#).

Did you know?

The Life Saving Rules contain minimum requirements related to protecting the health of the worker.

- Work with a valid work permit when required.**
 - Required atmospheric testing has been completed; results have been evaluated and documented; and repeat or continuous testing requirements are part of the permit conditions.
- Obtain authorization before entering a confined space.**
 - Required atmospheric testing has been completed; results have been evaluated and documented; and testing is repeated as described by the permit conditions.
- Verify isolation before work begins.**
 - Personnel, who perform isolation work, remove hazardous materials and potential health-related exposures.
- Obtain authorization before bypassing, disabling, or inhibiting safety protection devices or equipment.**
 - Atmospheric gas monitor alarms.

Stay Connected

For more ConocoPhillips news and information, find us here:



Still have questions? Send us an email at UniversityRelations@ConocoPhillips.com

Lifting the Community – ConocoPhillips Aviation Gives Back

Those who work for ConocoPhillips Global Aviation Services (GAS) are experts at getting people from point A to point B, safely and efficiently. While their passion is aviation, they are equally enthusiastic about helping others and being good neighbors. Click [here](#) to read about three major programs ConocoPhillips Aviation are extremely passionate about:

Corporate Angel Network (CAN): Over the years, the GAS collaboration with CAN has made a huge difference. Founded in 1981, CAN helps cancer patients access treatment by arranging free travel aboard corporate jets whenever empty seats are available. The program reduces emotional stress, physical discomfort and the financial burden that comes with traveling. Since 1983, the shuttle has made more than 11,000 patient flights. The link above shares more information and includes personal testimonies of Aviation members experiences in helping CAN patients.

Aviation Mentoring Program: The GAS commitment to the community also involves introducing youths to the aviation industry. In Bartlesville, Oklahoma, the Aviation team hosts a mentoring program over five weeks each summer giving an immersive experience to youth ages 13 to 17 snapshotting what its like to work in the aviation industry. Click [here](#) to watch a video and listen to program participants describe their experience. Click [here](#) to read more information on the various aspects of the industry that are introduced.

Supporting the United Way: Each year GAS employees sponsor events to raise money for the United Way and volunteer their time to help in the community. In Houston, the group hosts its United Way BBQ at the ConocoPhillips Hangar at George Bush Intercontinental Airport. This year's fundraiser raised more than \$31,000 for the United Way. As part of its fundraising, the group auctions off a “Captain for a Day” experience, where the winner gets to fly in the shuttle jump seat, tour one of the company's executive jets and try out a flight simulator at Hobby Airport. And like a good neighbor, the GAS team is always looking out for the community. Because when it comes to giving back, the sky is the limit.



In the News

- + **National Fish and Wildlife Foundation (NFWF) and ConocoPhillips announced \$660,000 in grants that will benefit important migratory wildlife populations by preserving key habitats.** Read how these new grants, under ConocoPhillips SPIRIT of Conservation Program, will help connect high-quality habitats to support some of North America's most iconic wildlife migrations. Full release [here](#).
- + **ConocoPhillips leads charge in North Slope oil revival.** Read the background of ConocoPhillips Willow discovery and why we are referred to as “Alaska's oil company.” Full release [here](#).
- + **U.S. oil and gas reserves surpass 1970 record.** Full release [here](#).