

You +



May 2017

At ConocoPhillips, we believe in sharing knowledge. That's why we're bringing you a monthly overview of company news and information to help you during your transition. It's not just you—it's *You +*.

You + Your First Day

Reminders!

- + Be on the lookout for an email one to two weeks before your first day from one of our human resources assistants regarding your orientation, directions to the building and what time you should arrive. **P.S. Don't forget to check your spam inbox!**
- + Click [here](#) to review the You + Your First Day frequently asked questions and the You + Your First Day webinar held in February to help answer any questions you may have.
- + As always, you can help ensure everything from us is delivered to you in a timely manner by keeping your contact information up to date on your careers.conocophillips.com profile.
- + Don't forget about our [Intern](#) or [New Hire](#) resource centers. If you can't find the answer you need, feel free to contact Jennifer Adams (jennifer.p.adams@conocophillips.com), your corporate new hire and intern program coordinator.

SPiRiT Value Spotlight

Our SPiRiT Values set the tone for how we behave with all our stakeholders, internally and externally. They are a source of pride and unify our organization. These values are recognized throughout the industry and distinguish us from our competitors.



INNOVATION

We anticipate change and respond with creative solutions. We are agile and responsive to the changing needs of stakeholders and embrace learning opportunities from our experience around the world.



Individual Lifetime Achievement Winner - Chuck Mosher

Every year, the ConocoPhillips SPiRiT of Performance Awards honor the people and teams who best exemplify our company's highest standards of performance in conducting business, upholding our commitment to safety and well-being, and contributing to society. For the first time in the 15-year history of the awards, an individual was recognized for outstanding technological contributions to the company and the industry. Geoscience Senior Fellow Chuck Mosher has delivered game-changing geophysical innovations throughout his more than 35-year career, and is a recipient of the Individual Lifetime Achievement Award. [Click here](#) to read more about Chuck.

Frequently Asked Questions

How quickly can I get involved with ConocoPhillips employee networks?

You can get involved immediately. Our employee networks are a huge part of our commitment to our People value. Click [here](#) to read about the different networks available to join.

Industry Lingo

Need a refresher on industry terms? You can review the ConocoPhillips Glossary of Oil and Gas terms [here](#).

Here are a few to get you started:

Reservoir: A porous and permeable underground formation containing a natural accumulation of producible oil and/or gas that is confined by impermeable rock or water barriers and is individual and separate from other reservoirs.

Wellbore: The hole drilled by a drilling rig to explore for or develop oil and/or natural gas. Also, referred to as a well or a borehole.

Shale: A very fine-grained sedimentary rock that is formed by the consolidation of clay, mud or silt and that usually has a finely stratified or laminated structure. Certain shale formations, such as the Eagle Ford and the Barnett contain large amounts of oil and natural gas.

From the Well to the Consumer

Oil and natural gas resources power civilization – and touch many aspects of your daily life. We use petroleum and natural gas products every day. They fuel our industries, heat our homes, propel our cars and school buses and power our devices. The incredible journey of oil and natural gas – from raw natural resources to fuel and other useful petroleum-based products – begins deep underground. Click [here](#) to learn more.

In the News

- + **Oil production begins at Malikai located approximately 62 miles off the coast of Sabah, Malaysia.** Learn more [here](#).
- + **U.S Oil Exports: Full Steam Ahead.** The ban on U.S exports is dead and the first cargoes have arrived in Europe. ConocoPhillips was the first U.S producer off the launch pad. Read more [here](#).
- + **Is the oil market already close to balance?** Read more [here](#).

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